

For Immediate Release
August 12, 2015

Approach Resources to Participate in Upcoming Conference

Fort Worth, Texas, August 12, 2015 – Approach Resources Inc. (NASDAQ: AREX) today announced that the Company will participate in EnerCom’s The Oil & Gas Conference® 20. The Company is scheduled to present on Monday, August 17 at 1:55 p.m. MT. The live presentation will be webcast and will be accessible through the Investor Relations section of the Company’s website at www.approachresources.com. The slide presentation for this event will also be available through the website.

About Approach Resources

Approach Resources Inc. is an independent energy company focused on the exploration, development, production and acquisition of unconventional oil and gas reserves in the Midland Basin of the greater Permian Basin in West Texas. For more information about the Company, please visit www.approachresources.com. Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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