

For Immediate Release  
March 2, 2015

### **Approach Resources Inc. to Participate in Upcoming Conferences**

**Fort Worth, Texas, March 2, 2015** – Approach Resources Inc. (NASDAQ: AREX) today announced that the Company will participate in one-on-one investor meetings at the Simmons & Company International Fifteenth Annual Energy Conference on Thursday, March 5, 2015.

Additionally, Approach's Chairman, Chief Executive Officer and President J. Ross Craft will present at the Scotia Howard Weil 43<sup>rd</sup> Annual Energy Conference on Wednesday, March 25, 2015, at 9:15 AM CT. Presentations from this conference are not being webcast; however, the presentation slides will be available on the Company's website at [www.approachresources.com](http://www.approachresources.com).

### **About Approach Resources**

**Approach Resources Inc.** is an independent energy company focused on the exploration, development, production and acquisition of unconventional oil and gas reserves in the Midland Basin of the greater Permian Basin in West Texas. For more information about the Company, please visit [www.approachresources.com](http://www.approachresources.com). Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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#### **INVESTOR CONTACT**

Sergei Krylov  
Executive Vice President & Chief Financial Officer  
[ir@approachresources.com](mailto:ir@approachresources.com)  
817.989.9000

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#### **APPROACH RESOURCES INC.**

One Ridgmar Centre  
6500 West Freeway, Suite 800  
Fort Worth, Texas 76116  
[www.approachresources.com](http://www.approachresources.com)