

NEWFIELD



NEWFIELD EXPLORATION COMPANY
363 N. SAM HOUSTON PKWY E.
SUITE 100
HOUSTON, TX 77060

SUBMIT A PROXY BY INTERNET - www.proxyvote.com

Use the Internet to transmit your voting instructions and for electronic delivery of information up until 11:59 P.M. Eastern Daylight Time on May 6, 2009 (other than 401(k) plan participants). Have your proxy card in hand when you access the web site and follow the instructions to obtain your records and to create an electronic voting instruction form.

SUBMIT A PROXY BY PHONE - 1-800-690-6903

Use any touch-tone telephone to transmit your voting instructions up until 11:59 P.M. Eastern Daylight Time on May 6, 2009 (other than 401(k) plan participants).

VOTE BY MAIL

Mark, sign and date your proxy card and return it in the postage-paid envelope we have provided or return it to Vote Processing, c/o Broadridge, 51 Mercedes Way, Edgewood, NY 11717.

401(K) PLAN PARTICIPANTS

All votes by 401(k) plan participants submitted over the Internet, by phone or mail must be received by 11:59 P.M. Eastern Daylight Time on May 1, 2009.

ELECTRONIC DELIVERY OF FUTURE PROXY MATERIALS

If you would like to reduce the costs incurred by us in mailing proxy materials, you can consent to receiving all future proxy statements, proxy cards and annual reports electronically via e-mail or the Internet. To sign up for electronic delivery, please follow the instructions above to vote using the Internet and, when prompted, indicate that you agree to receive or access proxy materials electronically in future years.

TO VOTE, MARK BLOCKS BELOW IN BLUE OR BLACK INK AS FOLLOWS:

NEWFD1

KEEP THIS PORTION FOR YOUR RECORDS
 DETACH AND RETURN THIS PORTION ONLY

THIS PROXY CARD IS VALID ONLY WHEN SIGNED AND DATED.

NEWFIELD EXPLORATION COMPANY

THE BOARD OF DIRECTORS RECOMMENDS A VOTE "FOR" ITEMS 1, 2, 3 AND 4.

1. ELECTION OF DIRECTORS		For	Against	Abstain			
Nominees:							
1a.	David A. Trice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
1b.	Lee K. Boothby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
1c.	Philip J. Burguieres	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1j.	Thomas G. Ricks	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1d.	Pamela J. Gardner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1k.	Juanita F. Romans	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1e.	Dennis R. Hendrix	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1l.	C. E. (Chuck) Shultz	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1f.	John Randolph Kemp III	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1m.	J. Terry Strange	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1g.	J. Michael Lacey	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2.	Proposal to approve the Newfield Exploration Company 2009 Omnibus Stock Plan.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1h.	Joseph H. Netherland	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3.	Proposal to approve the Newfield Exploration Company 2009 Non-Employee Director Restricted Stock Plan.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
1i.	Howard H. Newman	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4.	Proposal to ratify the appointment of PricewaterhouseCoopers LLP, independent registered public accounting firm, as independent auditors for the year ending December 31, 2009.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
For address changes and/or comments, please check this box and write them on the back where indicated.				<input type="checkbox"/>	5.	In their discretion, the Proxies are authorized to vote upon such other matters that may properly come before the meeting or any adjournment or postponement thereof.	
Please indicate if you plan to attend this meeting.		<input type="checkbox"/>	<input type="checkbox"/>				
		Yes	No				

Please sign your name exactly as it appears hereon. When signing as attorney, executor, administrator, trustee or guardian, please add your title as such. When signing as joint tenants, all parties in the joint tenancy must sign. If a signer is a corporation, please sign in full corporate name by duly authorized officer.

Signature [PLEASE SIGN WITHIN BOX]	Date

Signature (Joint Owners)	Date

Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting:

The Notice and Proxy Statement and our 2008 Annual Report (which includes our annual report on Form 10-K for the year ended December 31, 2008) are available at <http://phx.corporate-ir.net/phoenix.zhtml?c=63798&p=proxy>.

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**NEWFIELD EXPLORATION COMPANY
THIS PROXY IS SOLICITED ON BEHALF OF THE BOARD OF DIRECTORS
ANNUAL MEETING OF STOCKHOLDERS
May 7, 2009**

The undersigned stockholder of Newfield Exploration Company (herein, the "Company") hereby makes, constitutes and appoints Terry W. Rathert, Brian L. Rickmers and John D. Marziotti, and each of them, lawful attorneys and proxies of the undersigned, with full power of substitution, for and in name, place and stead of the undersigned to vote the number of shares of Company Common Stock that the undersigned would be entitled to vote if personally present at the annual meeting of stockholders to be held in the Williams Resource Center Theater of the Company's Mid-Continent office located at One Williams Center, Tulsa, Oklahoma on May 7, 2009, at 11:00 a.m., Central Daylight Time, and at any adjournment(s) or postponement(s) thereof, on the matters set forth on the reverse side.

This proxy, when properly executed or submitted over the Internet or by telephone, will be voted in the manner directed herein by the undersigned stockholder. If no direction is made, this proxy will be voted FOR items 1, 2, 3 and 4 (other than 401(k) plan participants discussed below). If any other matters properly come before the meeting, the Proxies will vote as recommended by our Board or, if there is no recommendation, in their discretion.

If shares of Company Common Stock are issued to or held for the account of the undersigned under employee plans and voting rights attach to such shares (any of such plans, a "Voting Plan"), then the undersigned hereby directs the respective fiduciary of each applicable Voting Plan to vote all shares of Company Common Stock in the undersigned's name and/or account under such Voting Plan in accordance with the instructions given herein, at the annual meeting and at any adjournments or postponements thereof, on all matters properly coming before the annual meeting, including but not limited to the matters set forth on the reverse side.

The plan administrator for the Company's 401(k) plan will direct the trustee to vote shares as to which no instructions are received in proportion to voting directions received by the trustee from all participants who vote.

Address Changes/Comments: _____

(If you noted any Address Changes/Comments above, please mark corresponding box on the reverse side.)

CONTINUED AND TO BE SIGNED AND DATED ON REVERSE SIDE