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news release

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Humana Inc. to Present at J.P. Morgan Healthcare Conference

LOUISVILLE, KY – (January 6, 2009) – Humana Inc. (NYSE: HUM) announced today that Michael B. McCallister, president and chief executive officer, will be making a presentation to investors at the J.P. Morgan Healthcare Conference on Tuesday, January 13, 2009 at 11:00 a.m. pacific time.

A live audio web cast of the presentation along with the accompanying slides will be available via Humana's Investor Relations page at www.humana.com. The company suggests web cast participants sign on approximately 15 minutes in advance of the presentation to allow time to run a system test and download any free software needed for access purposes.

Humana Inc., headquartered in Louisville, Kentucky, is one of the nation's largest publicly traded health and supplemental benefits companies, with approximately 11.7 million medical members. Humana is a full-service benefits solutions company, offering a wide array of health and supplemental benefit plans for employer groups, government programs and individuals.

Over its 48-year history, Humana has consistently seized opportunities to meet changing customer needs. Today, the company is a leader in consumer engagement, providing guidance that leads to lower costs and a better health plan experience throughout its diversified customer portfolio.

More information regarding Humana is available to investors via the Investor Relations page of the company's web site at www.humana.com, including copies of:

- Annual reports to stockholders;
- Securities and Exchange Commission filings;
- Most recent investor conference presentations;
- Quarterly earnings news releases;
- Replays of most recent earnings release conference calls;
- Calendar of events (including upcoming earnings conference call dates and times, as well as planned interaction with research analysts and institutional investors);
- Corporate Governance information.
